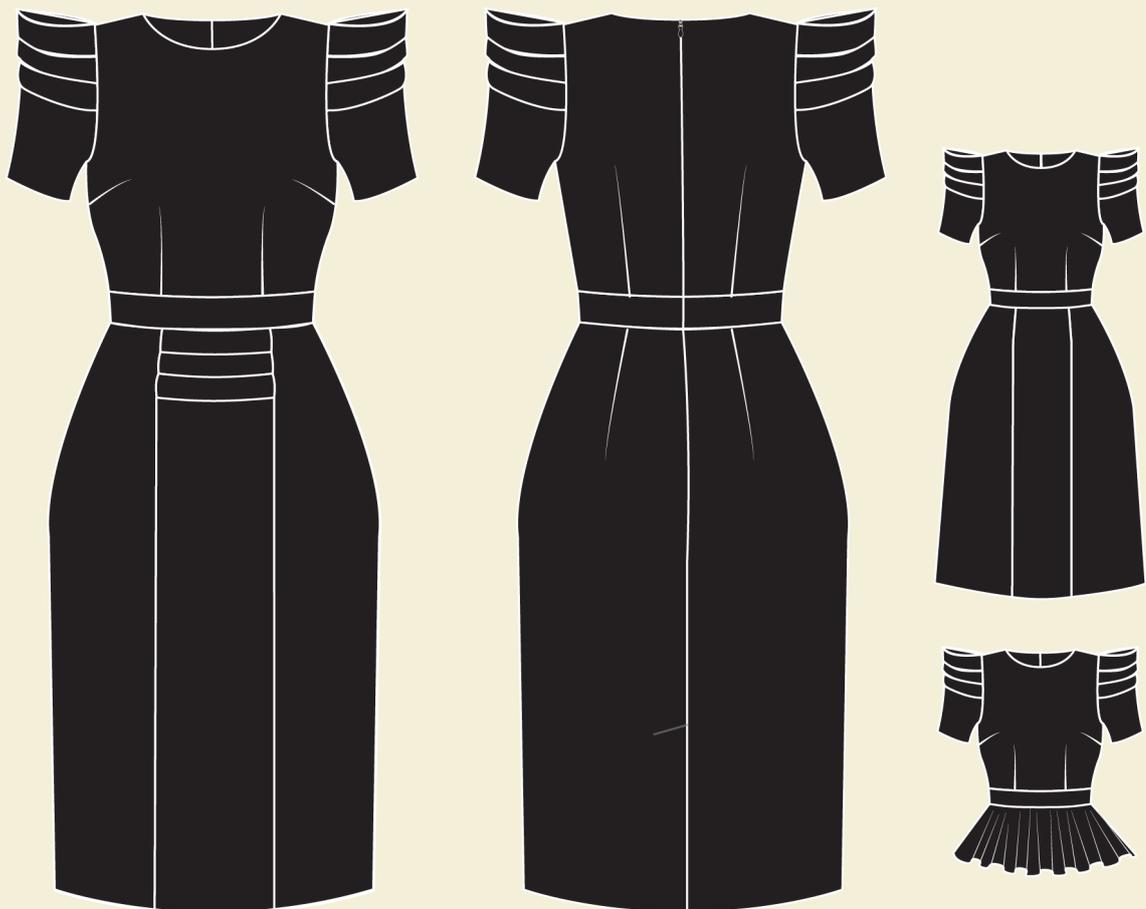


# Sew & Explicit patterns



## EVA

STYLE 4001

SIZES 4-20  
SIZES 16-32

DIFFICULTY ●●●○○

[sewexplicitpatterns.com](http://sewexplicitpatterns.com)

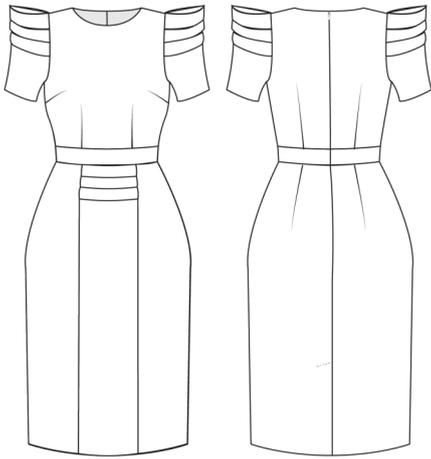
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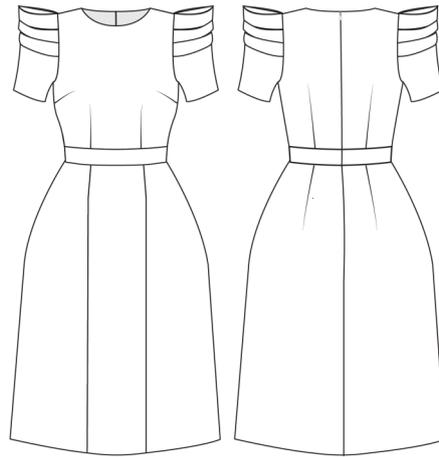
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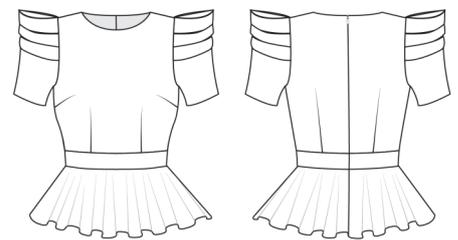
# About Eva



*VIEW A*



*VIEW B*



*VIEW C*

*Eva* features a fitted bodice and has two dress views and one top view. The focal point of the pattern is the statement sleeve which may look draped or give “power sleeve” vibes depending on the fabric used.

- ◆ View A with the pencil cut skirt, features a centre front panel that reflects the sleeve details and a kick pleat at the centre back for ease of movement.
- ◆ View B has slightly flared skirt with a plain and simple centre front panel.
- ◆ Both Views A and B are knee length , about 24-25” (61-64cm) from the waist.
- ◆ View C swaps the knee-length skirt in the other 2 views for a full circle peplum that hits about the hip.
- ◆ Every view is fastened with an invisible zipper that is located at the centre back.
- ◆ The neck edge is finished with facing.
- ◆ The bodice has about 2” (5cm) ease at the bust and zero at the waist. The hip has zero ease for the fitted skirt view while the A-line skirt has about 5” (13cm) ease around the hip.

The Dress style is suitable for day wear and work wear; and the peplum version can dress-up a pair of jeans.

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## **Suggested Fabric**

- ◆ **Views A,B,&C-** Very stable medium to heavy weight double knits like Ponte De Roma, Neoprene/Scuba; not having more than 20% stretch and with very good recovery; 250-380gsm (7.37– 11.21 Oz). Using stretchier knit fabrics may require sizing down or additional seam intake.
- ◆ **Views B &C-** Woven fabrics (dress weight) with spandex like stretch sateen, Crepe with stretch, Stretch Denim. View 1 may also be made in woven if the stretch is substantial.

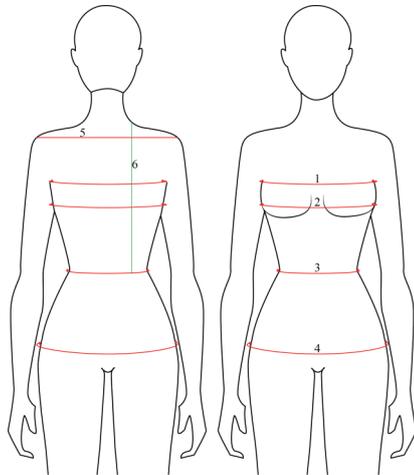
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## **Supplies**

- ◆ Main fabric
- ◆ Thread to match
- ◆ 22-24” long invisible zip
- ◆ Fusible interfacing

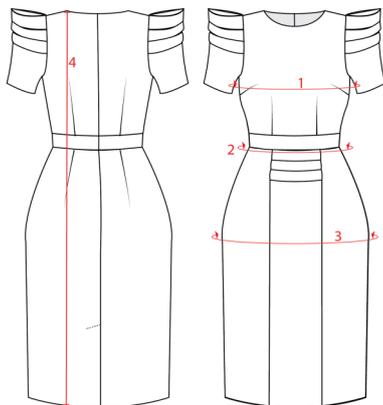
# Size Band 'A' Measurements (Imperial)

**Body Measurements Chart (inches)**



Size	4	6	8	10	12	14	16	18	20
1.Chest/Upper Bust	28	30	32	34	36	38	40	42	44
2.Bust (B-cup)	30	32	34	36	38	40	42	44	46
2.Bust (C-cup)	31	33	35	37	39	41	43	45	47
2.Bust (D-cup)	32	34	36	38	40	42	44	46	48
2.Bust (E-cup)	33	35	37	39	41	43	45	47	49
3.Waist	24	26	28	30	32	34	36	38	40
4.Hip	33	35	37	39	41	43	45	47	49
5.Across Shoulder	13 <sup>1</sup> / <sub>2</sub>	14	14 <sup>1</sup> / <sub>2</sub>	15	15 <sup>1</sup> / <sub>2</sub>	16	16 <sup>1</sup> / <sub>2</sub>	17	17 <sup>1</sup> / <sub>2</sub>
6.Back length	15	15 <sup>1</sup> / <sub>4</sub>	15 <sup>1</sup> / <sub>2</sub>	15 <sup>3</sup> / <sub>4</sub>	16	16 <sup>1</sup> / <sub>4</sub>	16 <sup>1</sup> / <sub>2</sub>	16 <sup>3</sup> / <sub>4</sub>	17
7.Height	65"- 68"								

**Approximate Finished Garment Dimensions (inches)**



Size	4	6	8	10	12	14	16	18	20
1.Bust (B-cup)	32	34	36	38	40	42	44	46	48
1.Bust (C-cup)	33	35	37	39	41	43	45	47	49
1.Bust (D-cup)	34	36	38	40	42	44	46	48	50
1. Bust (E-cup)	35	37	39	41	43	45	47	49	51
2.Waist	24	26	28	30	32	34	36	38	40
3.Hip (View A)	33	35	37	39	41	43	45	47	49
3.Hip (View B)	38	40	42	44	46	48	50	52	54
4.Gown length (Views A&B)	38.1	38.4	38.8	39.2	39.5	39.9	40.3	40.7	41.0
4.Top length (View C)	21.2	21.4	21.7	21.9	22.2	22.4	22.7	22.9	23.2

**Fabric Required (Yards)**

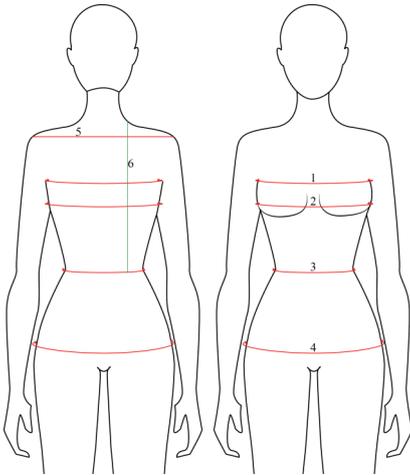
	Sizes 4-8			Sizes 10-14			Sizes 16-20		
	View A	View B	View C	View A	View B	View C	View A	View B	View C
45" wide fabric	1 <sup>3</sup> / <sub>4</sub>	2 <sup>1</sup> / <sub>4</sub>	1 <sup>1</sup> / <sub>2</sub>	2 <sup>1</sup> / <sub>2</sub>	2 <sup>5</sup> / <sub>8</sub>	1 <sup>5</sup> / <sub>8</sub>	3	3	2
54" wide fabric	1 <sup>3</sup> / <sub>4</sub>	1 <sup>7</sup> / <sub>8</sub>	1 <sup>1</sup> / <sub>4</sub>	1 <sup>7</sup> / <sub>8</sub>	2	1 <sup>3</sup> / <sub>8</sub>	2 <sup>1</sup> / <sub>4</sub>	2 <sup>3</sup> / <sub>8</sub>	1 <sup>5</sup> / <sub>8</sub>
60" wide fabric	1 <sup>3</sup> / <sub>4</sub>	1 <sup>3</sup> / <sub>4</sub>	1 <sup>1</sup> / <sub>4</sub>	1 <sup>3</sup> / <sub>4</sub>	1 <sup>3</sup> / <sub>4</sub>	1 <sup>1</sup> / <sub>4</sub>	2	2 <sup>1</sup> / <sub>4</sub>	1 <sup>3</sup> / <sub>8</sub>

NOTE: fabric usage estimates are based on non-directional fabrics i.e. fabrics without nap and obvious design direction. Allow for more fabric when using one-way fabrics, napped and striped fabrics.

NOTE: this pattern is drafted using the imperial system (inches), all conversions to metric are approximates.

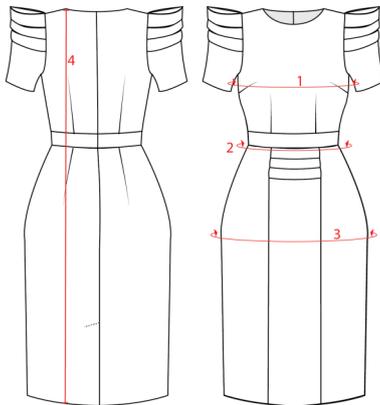
# Size Band 'A' Measurements (Metric)

## Body Measurements Chart (cm)



Size	4	6	8	10	12	14	16	18	20
1.Chest/Upper Bust	71.1	76.2	81.3	86.4	91.4	96.5	101.6	106.7	111.8
2.Bust (B-cup)	76.2	81.3	86.4	91.4	96.5	101.6	106.7	111.8	116.8
2.Bust (C-cup)	78.7	83.8	88.9	94.0	99.1	104.1	109.2	114.3	119.4
2.Bust (D-cup)	81.3	86.4	91.4	96.5	101.6	106.7	111.8	116.8	121.9
2.Bust (E-cup)	83.8	88.9	94.0	99.1	104.1	109.2	114.3	119.4	124.5
3.Waist	61.0	66.0	71.1	76.2	81.3	86.4	91.4	96.5	101.6
4.Hip	83.8	88.9	94.0	99.1	104.1	109.2	114.3	119.4	124.5
5.Across Shoulder	34.3	35.6	36.8	38.1	39.4	40.6	41.9	43.2	44.5
6.Back length	38.1	38.7	39.4	40.0	40.6	41.3	41.9	42.5	43.2
7.Height	165-172	165-172	165-172	165-172	165-172	165-172	165-172	165-172	165-172

## Approximate Finished Garment Dimensions (cm)



Size	4	6	8	10	12	14	16	18	20
1.Bust (B-cup)	81	86	91	97	102	107	112	117	122
1.Bust (C-cup)	84	89	94	99	104	109	114	119	124
1.Bust (D-cup)	86	91	97	102	107	112	117	122	127
1.Bust (E-cup)	89	94	99	104	109	114	119	124	130
2.Waist	61	66	71	76	81	86	91	97	102
3.Hip (View A)	84	89	94	99	104	109	114	119	124
3.Hip (View B)	97	102	107	112	117	122	127	132	137
4.Gown length (Views A&B)	97	98	99	99	100	101	102	103	104
4.Top length (View C)	54	54	55	56	56	57	58	58	59

## Fabric Required (Meters)

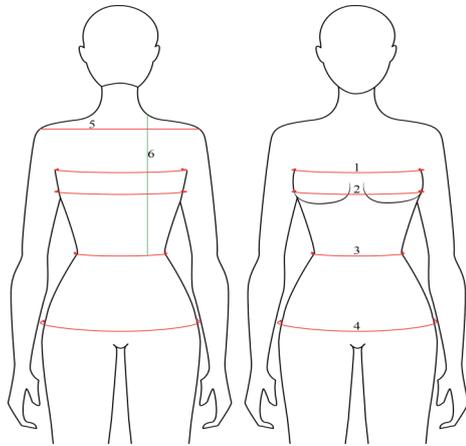
	Sizes 4-8			Sizes 10-14			Sizes 16-20		
	View A	View B	View C	View A	View B	View C	View A	View B	View C
114cm wide fabric	1.63	2.07	1.32	2.27	2.42	1.49	2.75	2.74	1.87
135cm wide fabric	1.60	1.66	1.17	1.69	1.85	1.27	2.10	2.20	1.45
150cm wide fabric	1.55	1.57	1.17	1.61	1.63	1.16	1.87	2.09	1.30

NOTE: fabric usage estimates are based on non-directional fabrics i.e. fabrics without nap and obvious design direction. Allow for more fabric when using one-way fabrics, napped and striped fabrics.

NOTE: this pattern is drafted using the imperial system (inches), all conversions to metric are approximates.

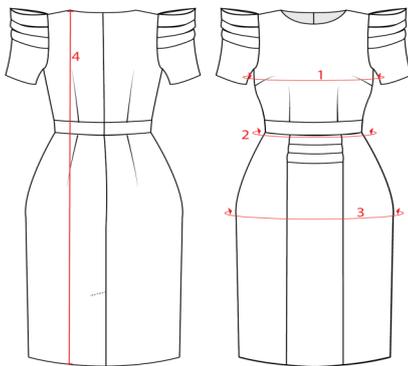
# Size Band 'B' Measurements (Imperial)

Body Measurements Chart (inches)



Size	16	18	20	22	24	26	28	30	32
1.Chest/Upper Bust	40	42	44	46	48	50	52	54	56
2.Bust (B-cup)	42	44	46	48	50	52	54	56	58
2.Bust (C-cup)	43	45	47	49	51	53	55	57	59
2.Bust (D-cup)	44	46	48	50	52	54	56	58	60
2.Bust (E-cup)	45	47	49	51	53	55	57	59	61
3.Waist	36	38	40	42	44	46	48	50	52
4.Hip	45	47	49	51	53	55	57	59	61
5.Across Shoulder	16½	17	17½	18	18½	19	19½	20	20½
6.Back length	16½	16¾	17	17¼	17½	17¾	18	18¼	18½
7.Height	65"- 68"								

Approximate Finished Garment Dimensions (inches)



Size	16	18	20	22	24	26	28	30	32
1.Bust (B-cup)	44	46	48	50	52	54	56	58	60
1.Bust (C-cup)	45	47	49	51	53	55	57	59	61
1.Bust (D-cup)	46	48	50	52	54	56	58	60	62
1. Bust (E-cup)	47	49	51	53	55	57	59	61	63
2.Waist	36	38	40	42	44	46	48	50	52
3.Hip (View A)	45	47	49	51	53	55	57	59	61
3.Hip (View B)	50	52	54	56	58	60	62	64	66
4.Gown length (Views A&B)	39.3	39.7	40.1	40.4	40.8	41.2	41.6	42.0	42.3
4.Top length (View C)	23.4	23.7	23.9	24.2	24.4	24.7	24.9	25.2	25.4

Fabric Required (Yards)

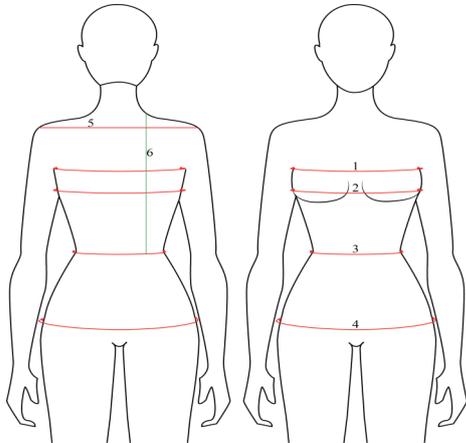
	Sizes 16-20			Sizes 22-26			Sizes 28-32		
	View A	View B	View C	View A	View B	View C	View A	View B	View C
45" wide fabric	3	3	2	3 1/8	3 1/8	2 1/4	3 3/8	3 3/8	2 1/2
54" wide fabric	2 1/4	2 3/8	1 5/8	2 1/2	2 7/8	1 7/8	3	3 1/8	2 1/4
60" wide fabric	2	2 1/4	1 3/8	2 1/2	2 3/8	1 3/4	2 5/8	2 3/4	1 7/8

NOTE: fabric usage estimates are based on non-directional fabrics i.e. fabrics without nap and obvious design direction. Allow for more fabric when using one-way fabrics, napped and striped fabrics.

NOTE: this pattern is drafted using the imperial system (inches), all conversions to metric are approximates.

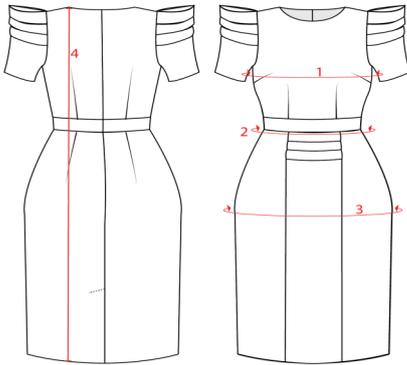
# Size Band 'B' Measurements (Metric)

Body Measurements Chart (cm)



Size	16	18	20	22	24	26	28	30	32
1.Chest/Upper Bust	71.1	76.2	81.3	86.4	91.4	96.5	101.6	106.7	111.8
2.Bust (B-cup)	76.2	81.3	86.4	91.4	96.5	101.6	106.7	111.8	116.8
2.Bust (C-cup)	78.7	83.8	88.9	94.0	99.1	104.1	109.2	114.3	119.4
2.Bust (D-cup)	81.3	86.4	91.4	96.5	101.6	106.7	111.8	116.8	121.9
2.Bust (E-cup)	83.8	88.9	94.0	99.1	104.1	109.2	114.3	119.4	124.5
3.Waist	61.0	66.0	71.1	76.2	81.3	86.4	91.4	96.5	101.6
4.Hip	83.8	88.9	94.0	99.1	104.1	109.2	114.3	119.4	124.5
5.Across Shoulder	41.9	43.2	44.5	45.7	47.0	48.3	49.5	50.8	52.1
6.Back length	41.9	42.5	43.2	43.8	44.5	45.1	45.7	46.4	47.0
7.Height	165- 172								

Approximate Finished Garment Dimensions (cm)



Size	16	18	20	22	24	26	28	30	32
1.Bust (B-cup)	112	117	122	127	132	137	142	147	152
1.Bust (C-cup)	114	119	124	130	135	140	145	150	155
1.Bust (D-cup)	117	122	127	132	137	142	147	152	157
1.Bust (E-cup)	119	124	130	135	140	145	150	155	160
2.Waist	91	97	102	107	112	117	122	127	132
3.Hip (View A)	114	119	124	130	135	140	145	150	155
3.Hip (View B)	127	132	137	142	147	152	157	163	168
4.Gown length (Views A&B)	100	101	102	103	104	105	106	107	108
4.Top length (View C)	60	60	61	61	62	63	63	64	65

Fabric Required (Meters)

	Sizes 16-20			Sizes 22-26			Sizes 28-32		
	View A	View B	View C	View A	View B	View C	View A	View B	View C
114cm wide fabric	2.75	2.74	1.87	2.90	2.90	2.11	3.09	3.12	2.27
135cm wide fabric	2.10	2.20	1.45	2.25	2.63	1.67	2.85	2.91	2.03
150cm wide fabric	1.87	2.09	1.30	2.30	2.15	1.58	2.35	2.52	1.73

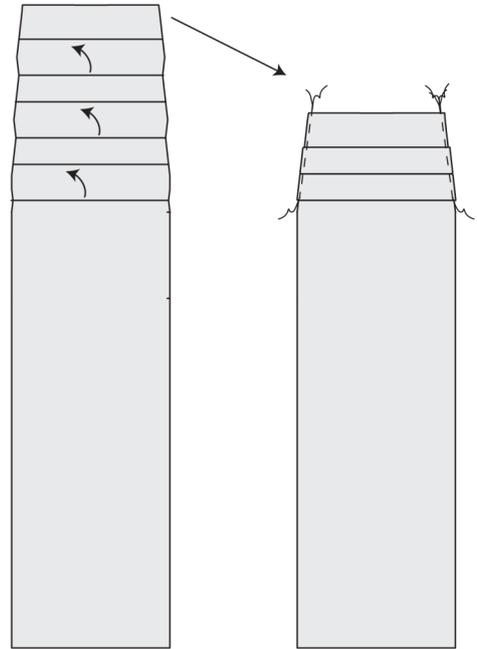
NOTE: fabric usage estimates are based on non-directional fabrics i.e. fabrics without nap and obvious design direction. Allow for more fabric when using one-way fabrics, napped and striped fabrics.

NOTE: this pattern is drafted using the imperial system (inches), all conversions to metric are approximates.

## 6. Pleat the front skirt centre panel

*This step is for view A only.*

- Working from the right side of the fabric, pick the panel pleats and fold in the direction shown such that the lower line of each pleat meets up with its upper line.
- Baste and press the pleats in place. The basting stitches should be well within the seam allowance.



## 7. Join front skirt pieces together

*This step is for both views A & B.*

- With right sides facing each other, join front skirt side panel pieces 6 (View A) or 9 (View B) to the front skirt centre panel piece 5 or 8. Seam allowance is 0.5" (1.3cm).
- Overlock the panel seams together and press the seam towards the side seam as shown below.

